

Harmony Heights Elementary School. Reminder to parents all monies are due at time of order.

MENU DATES Jan 28-Feb 22 2019

<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$4.25 daily, with milk or juice. Meal with choc milk is \$5.00 Milk .40, Juice-.60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$4.25 daily, with milk or juice Meal with choc milk is \$5.00 Milk .40, Juice-.60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$4.25 daily, with milk or juice Meal with choc milk is \$5.00 Milk .40, Juice-.60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$4.25 daily, with milk or juice Meal with choc milk is \$5.00 Milk .40, Juice-.60, Choc milk-1.35</p>
<p>Monday Jan 28 Tuna bun/baked chips Pancakes/fruit/yogurt Milk/juice/choc. Milk Name.....Class.....</p>	<p>Monday Feb 4 pizza bun/baked chips Pancakes/fruit/yogurt Milk/juice/choc. Milk NameClass.....</p>	<p>Monday Feb 11 Ham n' cheese sandwich/baked chips Pancakes/fruit/yogurt Milk/juice/choc. Milk Name.....Class.....</p>	<p>Monday Feb 18 NO SCHOOL</p>
<p>Tuesday Jan 29 Mac n' cheese/biscuit 2 cheese pizza/veggie sticks Milk/juice/choc. Milk Name.....Class.....</p>	<p>Tuesday Feb 5 Creamy chicken casserole/breadstick Meat lovers pizza & veggie sticks Milk, juice, choc milk Name.....Class.....</p>	<p>Tuesday Feb 12 Hamburger goulash/breadstick pepperoni Pizza and Veggie Sticks Milk, juice, Choc milk Name.....Class.....</p>	<p>Tuesday Feb 19 <input type="checkbox"/> spaghetti/breadstick <input type="checkbox"/> 2 cheese pizza & veggie sticks Milk, juice Choc milk Name.....Class.....</p>
<p>Wednesday Jan 30 Sweet n' sour meatballs/rice/hot veg Chicken nuggets/rice/hot veg Milk/juice/choc. Milk Name.....Class.....</p>	<p>Wednesday Feb 6 <input type="checkbox"/> fish bites/tators /hot veggies <input type="checkbox"/> Chicken Nuggets/tators/ Hot Veggies Milk, juice, Choc milk Name.....Class.....</p>	<p>Wednesday Feb 13 Sweet n' sour meatballs/rice/ Hot Veggies Chicken Nuggets/rice/ Hot Veggies Milk, juice, Choc milk Name.....Class.....</p>	<p>Wednesday Feb 20 <input type="checkbox"/> fish bites/tators/ Hot Veggies Or Chicken Nuggets/tators/ Hot Veggies Milk, , juice, Choc milk Name.....Class.....</p>
<p>Thursday Jan 31 Tomato soup/crackers <input type="checkbox"/> Grilled cheese & veggie sticks /nacho chips Milk, juice, Choc milk Name.....Class.....</p>	<p>Thursday Feb 7 Chicken pot pie Grilled cheese/veggie sticks/nacho chips Milk, juice, Choc Milk Name.....Class.....</p>	<p>Thursday Feb 14 Chicken & rice soup/crackers Grilled cheese/veggie sticks/ nacho chips Milk, juice, Choc milk Name.....Class.....</p>	<p>Thursday Feb 21 <input type="checkbox"/> taco burger/veggie sticks/nacho chips <input type="checkbox"/> grilled cheese/veggies/nacho chips Milk, juice, Choc milk Name.....Class.....</p>
<p>Friday Feb 1 Cheeseburger/cookie Garlic pizza/ cookie Milk/juice/choc. Milk Name.....Class.....</p>	<p>Friday Feb 8 Chicken burger/cookie Garlic pizza/cookie Milk/juice/choc. Milk Name.....Class.....</p>	<p>Friday Feb 15 Hamburger/cookie Garlic pizza/cookie Milk/juice/choc. Milk Name.....Class.....</p>	<p>Friday Feb 22 cheese burger/cookie Garlic pizza/cookie Milk/juice/choc. Milk Name.....Class.....</p>

The Healthy Choice meals may be purchased daily, weekly or monthly. Please **"CUT"** and return the appropriate **WEEKLY or MONTHLY** menu choices, attached with a cheque or cash on Friday morning for the next week's orders. Daily orders must be brought to the kitchen by 9AM. Unused tickets are good until the end of the school year. Please make cheques payable to **Cobequid Schools Catering Society**. Menu subject to change.

