

Harmony Heights Elementary School. Reminder to parents all monies are due at time of order.

MARCH BREAK!!! MARCH 16-20

MENU MAR 2-APR 3

<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$3.75 daily, with milk or juice. Meal with choc milk is \$4.25 Milk .40, Juice-60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$3.75 daily, with milk or juice Meal with choc milk is \$4.25 Milk .40, Juice-60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$3.75 daily, with milk or juice Meal with choc milk is \$4.25 Milk .40, Juice-60, Choc milk-1.35</p>	<p>Please circle meal & drink choices, and print the student's name and class for each day Meal choices are \$3.75 daily, with milk or juice Meal with choc milk is \$4.25 Milk .40, Juice-60, Choc milk-1.35</p>
<p>Monday Mar 2 Breaded chicken burger & veggie sticks Pancakes, Fruit Slices & Yogurt Milk, Apple, Choc milk Name_____Class.....</p>	<p>Monday Mar 9 Bacon n" Egg McMuffin & fruit Pancakes, yogurt & fruit slices Milk, Apple, Choc. Milk Name.....Class.....</p>	<p>Monday Mar 23 Turkey N' Cheese Wrap & fruit Pancakes, yogurt, fruit Milk,juice, choc. Milk Name.....Class.....</p>	<p>Monday Mar 30 <input type="checkbox"/> Ham & cheese sandwich & baked chips <input type="checkbox"/> Pancakes, Fruit Slices and Yogurt Milk, juice, Choc Milk Name_____Class.....</p>
<p>Tuesday Mar 3 Mac n cheese & biscuit Garlic Pizza & Veggie Sticks Milk, juice, Choc milk Name_____Class.....</p>	<p>Tuesday Mar 10 Spaghetti & meat sauce & garlic breadstick Pepperoni pizza & veggie sticks Milk, juice, choc milk Name.....Class.....</p>	<p>Tuesday Mar24 Hamburger goulash & garlic bread stick Meat Lover's Pizza and Veggie Sticks Milk, juice, Choc milk Name_____Class.....</p>	<p>Tuesday Mar 31 <input type="checkbox"/> Lasagna casserole & garlic stick <input type="checkbox"/>Pepperoni pizza & veggie sticks Milk, juice Choc milk Name_____Class.....</p>
<p>Wednesday Mar 4 <input type="checkbox"/> Slice turkey, tators & Hot Veggies <input type="checkbox"/> Chicken Nuggets, tators & Hot Veggies Milk, juice, Choc milk Name_____Class.....</p>	<p>Wednesday Mar 11 <input type="checkbox"/> Ham ,rice, & hot veggies <input type="checkbox"/> Chicken Nuggets, rice & Hot Veggies Milk, juice, Choc milk Name_____Class.....</p>	<p>Wednesday Mar25 <input type="checkbox"/> Sweet n sour meatballs, rice and Hot Veggies Chicken Nuggets, rice and Hot Veggies Milk,juice, Choc milk Name_____Class.....</p>	<p>Wednesday Apr 1 <input type="checkbox"/> Ham, tators & Hot Veggies Or Chicken Nuggets, tators and Hot Veggies Milk, , juice, Choc milk Name_____Class.....</p>
<p>Thursday Mar 5 <input type="checkbox"/> Home-made vegetable soup & goldfish crackers <input type="checkbox"/> Grilled cheese & veggie sticks Milk, juice, Choc milk Name_____Class.....</p>	<p>Thursday Mar 12 <input type="checkbox"/> Chicken noodle soup & crackers Grilled cheese & veggie sticks Milk,juice, Choc Milk Name_____Class.....</p>	<p>Thursday Mar 26 Chilli and biscuit Grilled cheese & Veggie Sticks Milk,juice, Choc milk Name_____Class.....</p>	<p>Thursday Apr 2 <input type="checkbox"/> Chicken stew & biscuit <input type="checkbox"/> Grilled Cheese Sandwich and Veggie Sticks Milk, juice, Choc milk Name_____Class.....</p>
<p>Friday Mar 6 IN SERVICE NO SCHOOL</p>	<p>Friday Mar 13 Cheeseburger & veggie sticks 2 cheese pizza & veggie sticks Milk,juice, choc milk Name.....Class.....</p>	<p>Friday Mar 27 Tuna Bun & veggie sticks Garlic pizza & veggie sticks Milk, juice, Choc milk Name.....Class.....</p>	<p>Friday Apr 3 GOOD FRIDAY NO SCHOOL</p>

The Healthy Choice meals may be purchased daily, weekly or monthly. Please **"CUT"** and return the appropriate **WEEKLY or MONTHLY** menu choices, attached with a cheque or cash on Friday morning for the next week's orders. Daily orders must be brought to the kitchen by 9AM. Unused tickets are good until the end of the school year. Please make cheques payable to **Cobequid Schools Catering Society**. Menu subject to change.

